

SANCTIONED BY THE AMATEUR ATHLETIC UNION OF THE US, INC.

HOSTED BY NC AAU Track & Field



2026 AMATEUR ATHLETIC UNION

AAU North Carolina District QUALIFIER

Friday-Sunday

June 5 - June 7, 2026

Palisades High School

15221 York Road, Charlotte, NC 28278

Meet Director: William Bullard

NC AAU Track & Field Sports Director

Phone: (704) 906-0160

Email: charlotteheattc@hotmail.com

Online Entry at Athletic.net

Check-In Requirements

A packet will be provided for each team consisting of competition numbers, team roster, and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility. Be sure to have birth certificates available in the event Proof of Age is needed

Awards

AAU Championship Medals are awarded to the top three (3) finishers in each event and division. Awards will not be mailed to the athlete's home. It is the responsibility of athlete, coach or parent to pick up awards before leaving the meet.

Officials

Anyone desiring to officiate at this meet is encouraged to send an email to charlotteheatc@hotmail.com. Your assistance is greatly appreciated.

Facility

The track is an 8-lane all-weather surface. Only ¼" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments

A Full Service Concession Stand will be provided as well as food trucks.

Equipment

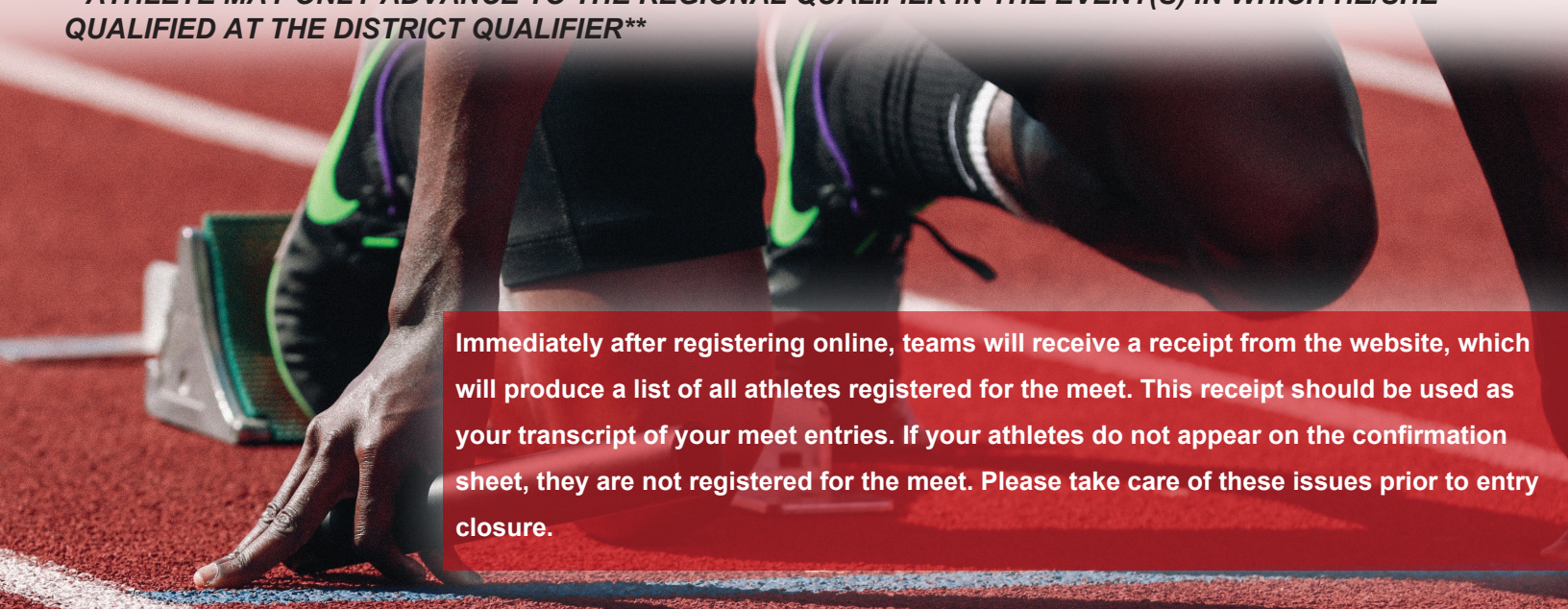
Starting blocks and throwing implements will be provided by the meet management. Those that desire to utilize personal implements must obtain clearance from the meet official prior to use. If personal implements are used, they will not be released until the end of the competition for that age group.

Admission

Daily admission charge of \$15.00. Cash, Cash App, or Credit Card
Parking \$5 per vehicle

Advancement

Top 16 Running Events, Top 16 Field Events, & Top 16 Relays Advance to the AAU Region 25 Qualifier
****ATHLETE MAY ONLY ADVANCE TO THE REGIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE/SHE QUALIFIED AT THE DISTRICT QUALIFIER****



Immediately after registering online, teams will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation sheet, they are not registered for the meet. Please take care of these issues prior to entry closure.

SAT/ACT WAIVERS: Any athlete scheduled to take a college entrance exam (SAT/ACT) the weekend of AAU North Carolina District Qualifier will be waived into the Regional Qualifier by the Regional Qualifier Program Coordinator upon receipt of the proper documentation. Documentation and the request in writing must be received no sooner than **April 22, 2026** and no later than **June 1, 2026**. Requests submitted after June 4, 2024 will **NOT** be reviewed. Email the Wavier to aaawaivers@aausports.org Please do not send the waiver request to any other e-mails.

NOTE: There are NO Injury or Medical waivers

AAU North Carolina District Qualifier Event Schedule

FRIDAY

JUNE 5, 2026

5:00PM	1500M RACE WALK	TIMED FINALS	ALL DIVISIONS
	400M HURDLES	TIMED FINALS	15-16, 17-18
	100M DASH	TIMED FINALS	13-UP ONLY
	2000M STEEPLECHASE	AUTOMATICALLY ADVANCED TO JO'S	15-16, 17-18
		FIELD EVENTS	
5:00PM	LONG JUMP	(3 attempts)	Start with age 15-16 then 17-18 only
5:00PM	SHOT PUT	(3 attempts)	Start with age 17-18 then 15-16 only
5:00PM	HIGH JUMP		Start with age 17-18 then 15-16 only

SATURDAY

JUNE 6, 2026

9:00AM	3000M RUN	TIMED FINALS	ALL DIVISIONS
	100M DASH	TIMED FINALS	12-UNDER ONLY
	80M,100M,110M HURDLES	TIMED FINALS	ALL DIVISIONS
	800M RUN	TIMED FINALS	ALL DIVISIONS
	200M DASH	TIMED FINALS	13-UP ONLY
	4X800M RELAY	TIMED FINALS	ALL DIVISIONS
	4X100M RELAY	TIMED FINALS	ALL DIVISIONS
<u>FIELD EVENTS</u>			
9:00AM	LONG JUMP	(3 ATTEMPTS)	Start with age 14-down to age 10 only
9:00AM	SHOT PUT	(3 ATTEMPTS)	Start with age 14-down
12:00PM	HIGH JUMP		Start with age 9-up to age 14
1:00PM	TURBO JAVELIN	(3 ATTEMPTS)	Start with age 8-up

SUNDAY

JUNE 7, 2026

9:00AM	1500M RUN	TIMED FINALS	ALL DIVISIONS
	200M DASH	TIMED FINALS	12-UNDER ONLY
	200M HURDLE	FINALS	13-14 ONLY
	400M	TIMED FINALS	ALL DIVISIONS
	3000M RACE WALK	TIMED FINALS	ALL DIVISIONS
	4x400M RELAY	TIMED FINALS	ALL DIVISIONS
<u>FIELD EVENTS</u>			
9:00AM	LONG JUMP	(3 ATTEMPTS)	Start with age 9 to 8-under
9:00AM	DISCUS	(3 ATTEMPTS)	Start with age 17-18
10:00AM	JAVELIN	(3 ATTEMPTS)	Start with age 13
9:00AM	POLE VAULT	TOP 5 ADVANCE TO JO'S	Start with age 13
12:00 PM	TRIPLE JUMP	3 ATTEMPTS	Start with age 17-18

*This event is licensed by the Amateur Athletic Union of the U.S., Inc.
All participants must have a current AAU memberships before competition begins
(pending status is not acceptable)*

*Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
Visit www.aatrackandfield.org to obtain membership (Club, Non-Athlete Membership required)
Membership is not included in the event entry fee*