

# Runnin On Faith Invitational

May 16, 2026

Wade Hampton Athletic Complex  
Pine Knoll Dr. Greenville, SC 29609

**General Admission - Free**  
**No Gate Fee or Parking Fee**  
**Gates open at 7:00am**  
**Coaches Meeting at 8:15am**

## Rolling Schedule

### Running Events Start at 8:30

1500m run  
400m dash  
50m (termites, pee wee)  
80/100/110m hurdles  
100m dash  
800m run  
4x100m relay  
Parent/coach relay (co-ed)  
200m hurdles  
200m dash

### Field Events Start at 8:30

8:30 - Shot Put (youngest - oldest)  
8:30 - Javelin (13/14, 15/16, 17/18)  
8:30 - HJ (oldest - youngest)  
8:30 - LJ (youngest - oldest)  
10:00 - Aero javelin (11/12)  
11:30 - Discus (17/18, 15/16, 13/14, 11/12)  
1:00 - Turbo javelin (7/8, 9/10)

**\*Athletes must bring their own implements**

\*javelin \*aero javelin  
\*shot put \*baton \*etc

**RUNNIN ON  
FAITH**

*Medal for 1st, 2nd, & 3rd place*



TeamReach. ROFinvit8