

COACH MIAMI PRESENTS...

THE CAROLINA'S SPRINT FEST

PACKET PICKUP 6:30 AM

ATHLETES & COACHES GATE OPEN AT 6:45 AM

SPECTATORS GATES OPEN AT 7:00 AM

COACHES MEETING 8:45 AM

FIELD EVENTS START AT 7:30 AM

RUNNING EVENTS START AT 10:30 AM

RUNNING EVENTS WILL BE RAN OLDEST TO YOUNGEST (GIRLS-BOYS)

MASTERS WOMEN-MASTERS MEN ECT..

4X100M RELAYS

BENGAY COACHES/PARENTS 4X100M RELAY

1500M

100M (PRELIMINARIES)

800M FINALS

200M FINALS

100MH

80MH

400M

100M FINALS

The graphic features two female athletes. On the left, an athlete in a white and blue 'CAROLINA ELITE' singlet with bib number 285. On the right, an athlete in a blue and red singlet clapping. The background is a starry space theme. A circular logo in the center reads 'THE CAROLINA'S SPRINT FEST' with 'POWERED BY NAC' and 'COACH MIAMI PRESENTS'. Below the logo, the text reads 'THE CAROLINA'S SPRINT FEST' in large letters, followed by '100M & 200M', 'INDEPENDENCE HIGH SCHOOL', and 'MAY 9TH, 2026'. At the bottom right is a QR code and the text 'REGISTER NOW AT COACHO.COM'.

More Info : info@coachmiamipresents.com | [@coachmiamipresents](https://www.instagram.com/coachmiamipresents)