

# 2024 Amateur Athletic Union

Region 25 National Qualifier Track & Field Meet

Thursday-Sunday

June 27 - June 30, 2024 Monroe High School 1 High School Drive Monroe, NC 28112 Meet Director: William Bullard NC AAU Track & Field Sports Director

Phone: (704) 906-0160

Email: charlotteheattc@hotmail.com

Online Entry at www.coacho.com

#### **Fees**

Entry fee is \$30.00 for each *athlete* . No entry fee will be transferred or refunded. Entry will not be processed unless entry fee is paid by deadline. AAU memberships must be purchased in advance and cannot be processed on-site. You can obtain your AAU membership by visiting <a href="https://www.aausports.org">www.aausports.org</a>. <a href="https://www.aausports.org">All entry fees must be paid</a> <a href="https://www.aausports.org">online, no exceptions will be granted</a>.

# **Eligibility**

This meet is open to any athlete that falls within the age divisions listed below. Athletes must have qualified through the NC AAU District meet to compete, coaches will need to declare all athletes for their qualified events.

# **Entry Process**

#### **Teams**

All teams and unattached athletes must utilize the Coach O online entry process via <a href="www.coacho.com">www.coacho.com</a> and locate the Region 25 National Qualifier Meet under calendar. This will permit a very efficient registration process that is easy to use. Teams will have until 11:59pm, Monday, June 24th to complete registration. *Please note that you must pay for your entries with a credit card online or your entries will not be accepted.* 

# **Age Divisions**

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. \*Athletes who are still eighteen (18) years of age through the final day of AAU Junior Olympic Games August 3rd, 2024 shall be eligible to compete in the 17-18 year olds division\*

Age Divisions	1 0 0	2 0 0	4 0 0	8 0 0	1 5 0 0	3 0 0 0	1 5 0 0 R W	3 0 0 0 R W	2 0 0 0 St C	8 0 H	1 0 0 H	1 1 0 H	2 0 0 H	4 0 0 H	L J	T J	J A V	D T	S P	H J	PV	4 X 1 0 0	4 X 4 0 0	4 X 8 0 0
8 & Under	Х	Х	Х	Х	Х										Х		Х		Х			Х		
9 Years	Х	Х	Х	Х	Х		Х								Х		Х		Х	Х				
10 Years	Х	Х	Х	Х	Х		Х								Х		Х		Х	Х		Х	Х	
11 Years	Х	Х	Х	Х	Х	Х	Х			Х					Х		Х	Х	Х	Х				
12 Years	Х	Х	Х	Х	Х	Х	Х			Х					Х		Х	Х	Х	Х		Х	Х	X
13 Years	Х	Х	Х	Х	Х	Х		Х			Х		Х		Х	Х	Х	Х	Х	Х	X			
14 Years	Х	Х	Х	Х	Х	Х		Х			Х		Х		Х	Х	Х	Х	Х	Х	X	Х	Х	X
15-16	Х	Х	Х	Х	Х	Х		Х	Х		G	В		Х	Х	Х	Х	Х	Х	Х	X	Х	Х	Х
17-18	Х	Х	Х	Х	Х	Х		Х	Х		G	В		X	Х	Х	Х	Х	Х	Х	Χ	Х	Х	X

# **Check-In Requirements**

A packet will be provided for each team consisting of competition numbers, team roster, and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility beginning at 7:30AM every day.

### **Admission**

Daily admission charge of \$10.00 will be assessed for everyone not competing in the meet. Cash and Credit Card

#### **Advancement**

Top 8 Running Events, Top 8 Field Events, Top 3 Multi-Events, & Top 6 Relays Advance to the AAU National Junior Olympics held in Greensboro, NC

#### **Awards**

AAU Championship Medals are awarded to the top three (3) finishers in each event and division. Awards will not be mailed to the athlete's home. It is the responsibility of athlete, coach or parent to pick up awards before leaving the meet.

#### **Notifications**

Download the TeamReach App Group code: AAURQ25 for event updates

# **Facility**

The track is an 8-lane all-weather surface. Only ½" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

## Refreshments

Full Service Concession Stand-(Cash Only) will be provided as well as food trucks.

# **Equipment**

Starting blocks and throwing implements will be provided by the meet management. Those that desire to utilize personal implements must obtain clearance from the meet official prior to use. If personal implements are used, they will not be released until the end of the competition for that age group.

**Emergency Plan Of Action:** In the unlikely chance that there is an emergency, teams, athletes, fans, and coaches must be prepared to act. The first step is to listen to all public announcements. If there is an emergency, it will be announced and actions of what to do will be announced as well. These steps must be followed. In the event that there is an active shooter, follow the instructions of police and facility staff. If there are any other medical or other emergencies. Please make meet management aware of it by letting the nearest official or facility staff member know

# AAU Region 25 Championship Event Schedule

Thursday June 27, 2024

9:00AM	Triathlon	High Jump, Shot Put 6lb, 200M (Girls) 400m (Boys)	9 &10 G/B
10:00AM	Decathlon Day #1	100m, Long Jump, Shot Put 12lb, High Jump, 400m	15-16B/17-18B
11:30AM	Heptathlon Day #1	100m hurdles, High Jump, Shot Put 4k, 200m	15-16G/17-18G
12:00PM	Pentathlon	80m Hurdles, High Jump, Shot Put 6lb, Long Jump 800m (Girls) 1500m (Boys)	11 & 12 G/B

Friday June 28, 2024

3000M Run		
3000W Run	Timed Finals	ALL DIVISIONS
Heptathlon Day #2	Long Jump, Javelin, 800m	15-16G/17-18G
1500M Race Walk		ALL DIVISIONS
Decathlon Day #2	110mh, Discus, PV, Javelin, 1500m	15-16B/17-18B
3000M Race Walk		ALL DIVISIONS
Steeplechase	Advance to Junior Olympics	
4x800M Relay	Timed Finals	ALL DIVISIONS
200M Dash	Semi-Finals	ALL DIVISIONS
	Field Events	
Long Jump	(4 attempts)	13-UP
Turbo Javelin	(4 attempts)	12-Under
Discus	(4 attempts)	15-18 G/B
	Heptathlon Day #2  1500M Race Walk  Decathlon Day #2  3000M Race Walk  Steeplechase  4x800M Relay  200M Dash  Long Jump  Turbo Javelin	Heptathlon Day #2  Long Jump, Javelin, 800m  1500M Race Walk  Decathlon Day #2  110mh, Discus, PV, Javelin, 1500m  3000M Race Walk  Steeplechase  Advance to Junior Olympics  4x800M Relay  Timed Finals  200M Dash  Field Events  Long Jump  (4 attempts)  Turbo Javelin  (4 attempts)

Saturday June 29, 2024

9:00AM	200M Hurdles	Timed Finals	13 & 14 G/B			
	400M Hurdles	Timed Finals	15-18G, 15-18B			
	100M Run	Semi-Finals	All Divisions			
	800M Run	Timed Finals	All Divisions			
	80M,100M,110M Hurdles	Semi-Finals	All Divisions			
	400M Dash	Timed Finals	All Divisions			
	4x100M Relay	Timed Finals	All Divisions			
	Field Events					
9:00AM	Shot Put	(4 Attempts)	All Divisions			
9:00AM	Long Jump	(4 Attempts)	12-Under G/B			
9:00AM	High Jump		14-Under G/B			
9:00AM	Javelin	(4 Attempts)	13-18 G/B			

Sunday June 30, 2024

9:00AM	1500M Run	Timed Finals	All Divisions
	200M Dash	Finals	All Divisions
	80m Hurdle Finals	Finals	11 &12 G/B
	100m Hurdle Finals	Finals	13,14 G/B,15-16G
	110m Hurdle Finals	Finals	15-16B,17-18B
	100M Dash	Finals	All Divisions
	4x400M Relay	Timed Finals	All Divisions
		Field Events	
9:00AM	Pole Vault		13-18 G/B
9:00AM	High Jump		15-18 G/B
9:00AM	Triple Jump		13-18 G/B
9:00AM	Discus		11-14 G/B

This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

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AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership