16th Annual Mark Trail Memorial Day

Track and Field Invitational Meet
Hosted by Mark Trail Flying Eagles

Friday ~ Sunday, May 26-28, 2023

Discovery High School, 1335 Old Norcross Road
Lawrenceville, GA 30045 (Gwinnett County)

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions

8 & under (born 2017-2015)
9 - 10 (born 2014-2013)
11 - 12 (born 2012-2011)
13 - 14 (born 2010-2009)
15 - 16 (born 2008-2007)
17 - 18 (born 2006-2004)

* Athletes born in 2004 are also eligible if they do not turn 19 on or before 7/29/2023

Individuals: Athletes must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Proof of Age may be requested during the event. Please be prepared to show proof of age if asked. *(i.e., Copy of Birth Certificate)*

Relay Teams. Athletes can register up to 6 names for relays. Relay change forms will be available prior to the contested events. Any Relays added must be already registered in the Meet. There will be a fee for any added Relays. All athletes representing the club must be affiliated with and members of that club. Uniforms should be consistent and will be checked by the Clerks.

ENTRY PROCESS: Mark Trail Meet Entry Site Link
Athlete Entry Fees
Individual Entries: $25.00 entry fee
Relay Entries: included in $25.00 entry fee with Athlete event entries
Spectator Gate Fees
$5.00 entry Fee for Friday Evening Only
$10.00 per Day Saturday and Sunday
Weekend Passes:
$20.00 if purchased on Friday
$17.00 if purchased on Saturday (Covers Saturday and Sunday)

Club Administrators and Unattached Athletes should register online at Mark Trail Meet Entry Site Link by May 22, 2023 (Wednesday) at 12:00 NOON. **LATE ENTRIES WILL NOT BE ALLOWED!** Online registration opens Jan 15, 2023, **Fees must be paid online by the close of registration.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within **CoachO** site for accuracy prior to submitting entry. Make sure you print off a copy of your entries and bring it with you to the meet. Contact Meet Management if you have unique concerns. **Jacqui Collins at 404-308-6308** or **jacquicyd@att.net**

WAIVERS: All athletes who participate in the 16th Annual Mark Trail Memorial Day Invite must complete the Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained onsite at the Meet. All forms must be submitted prior to the first competition.

AWARDS: Medals will be awarded for 1st thru 3rd for each event. Ribbons will be awarded for 4th thru 8th places for each event. Individual age groups will be awarded
Please assign a Team Parent or Contact to pick up Medals for athletes. No awards will be given to individual athletes.

ATHLETE INDIVIDUAL TROPHIES will be awarded for each Male Age Division Champion, each Female Age Division Champion and Outstanding Athlete Awards (based on Age Groups)

TEAM TROPHIES will be awarded to 4 classes based on Team sizes.

Class A	76 or more Athletes
Class B	51-75 Athletes
Class C	26-50 Athletes
Class D	25 or Less Athletes

MEET SCHEDULE (ROLLING SCHEDULE) Meet can start one hour early or late. Meet Management has no responsibility in scheduling to allow an athlete to do multiple events. That is clearly a Coach, Parent and Athlete decision. ONCE entries are in, we will time the events and send out to each Team/Individual.

ORDER OF EVENTS: (Fully Automatic Timing (F.A.T.)

MAY 26TH	**FRIDAY EVENING FIELD EVENTS (Start Time 6:00 p.m.)**
5:00 p.m.	DISCUS (Starting with 11–18 girls then the boys and moving up each age group)
5:00 p.m.	TRIPLE JUMP (starting with 17–18 girls then the men and moving our way down all the way down to 13 and 14 boys and girls)
6:00 p.m.	MINI-JAVELIN 8 &under Girls
6:30 p.m.	MINI-JAVELIN 8 &under Boys
7:00 p.m.	MINI-JAVELIN 9 &10 Girls
7:30 p.m.	MINI-JAVELIN 9 & 10 Boys

May 26th	**FRIDAY RUNNING EVENTS:**
6:30 p.m.	4x800 Meter relay (11 -18 boys and girls)
7:30 p.m.	3000 Meter run (11 -18 boys and girls)

May 27th	**SATURDAY RUNNING EVENTS:** Rolling Schedule
8:00 AM	1500M FINAL (Timed Final)
	100M DASH (Preliminaries)
	400M FINAL (Preliminaries)
	80M HURDLES FINAL (Timed Final)
	100M HURDLES FINAL (Timed Final)
	110M HURDLES FINAL (Timed Final)
	200M (Preliminaries)

May 27th	**SATURDAY FIELD EVENTS:**
8:00 AM	LONG JUMP (WILL START WITH 17 and 18 Women and move down each FEMALE category)
9:00 AM	JAVELIN (Boys and Girls) starting with 13-14 and move up to 17-18
9:00 AM	SHOT PUT (BOYS) (WILL START WITH 8 and under BOYS)
9:00 AM	HIGH JUMP (Female) (will start with 9 and 10Yr Olds)
2:00 PM	MINI-JAVELIN 11&12 age group (Boys and Girls)

May 28h	**SUNDAY RUNNING & FIELD EVENTS:** Rolling Schedule
7:30 AM	1500-meter race walk Final
	3000-meter race walk Final
	4 X 100M RELAY FINAL
	400M DASH FINAL
	100 M DASH FNAL
	800M FINAL (Timed Final)
	200-meter hurdles (Timed Final)
	400-meter hurdles (Timed Final)
	200M Final
OLD SCHOOL 4x 100-meter RELAY (Coaches and Parents)	
	4 X 400M RELAY FINAL (Timed Final)

PRESENTATION and TEAM AWARDS After the Meet is Completed

May 28th	**SUNDAY FIELD EVENTS:**
9:00 AM	SHOT PUT (Female) (WILL START WITH 8 and under BOYS Rolling schedule
9:00 AM	HIGH JUMP (Male) (will start with 9 and 10 at 9:00 a.m.)
8:00 AM	LONG JUMP (WILL START WITH 17 and 18 MEN and move down each MALE category

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Field Event Athletes will check in at their designated Field event locations. Athletes must check in at these designated areas 30-45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses their bib number, a replacement can be purchased for a fee of $10.00. Bib numbers will be distributed to athletes **at the Timing Tent located at the Finish Line on the Track.**

EVENT RESULTS: During competition, event results will be posted **on-line Only at ptgrouponline.com)**. In addition, event results from preliminaries will be posted on the building where coaches lounge is located.

PROTESTS: There will be a $50.00 fee for all protests. Protests must be submitted to the Meet Referee and Games Committee at once and must be submitted not later than 30 minutes after a result has been posted/announced. The protest fee will be refunded if the protest is upheld.

RULES – CONDUCT & FACILITY: Discovery High School is a Tobacco Free Zone
No Pets of Any Kind on the Discovery High School Campus - Guide Dogs are Fine
No Firearms and/or Weapons on the Discovery High School Campus
No Grilling/Cooking Unless Approved by Meet Management
No Tents allowed in Seats in Front of Press Box
- Tents Allowed in Upper Rows (Double Up) of Home Side and Anywhere on Visitors Side
No Defacing or Damage of Property
No Unapproved Vehicles on Track and/or Turf Infield (Golf Carts/Gators are Fine on Track)
Zero Tolerance for fighting, overall bad behavior which sheds a negative light on the event. This will be cause for removal from the event.

GATE ADMISSION FEES:
$5.00 entry Fee for Friday Evening Only
$10.00 per Day Saturday and Sunday
Weekend Passes:
$20.00 if purchased on Friday
$17.00 if purchased on Saturday (Covers Saturday and Sunday)

DIRECTIONS & PARKING: Discovery High School has several parking spaces in front of the Track facility.
Any car parked in a non-parking zone will be ticketed and towed away. Parking spots will be monitored by law enforcement daily.

Discovery High School, 1335 Old Norcross Road
Lawrenceville, GA 30045 (Gwinnett County)

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CONTACT:
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