

AAU REGIONAL 25 QUALIFIER

June 23,24,25,26

OLYMPIC HIGH SCHOOL

4301 Sandy Porter Road
Charlotte, NC

Multi Events/Track & Field

MEET HOST: GASTONIA EAGLES TRACK & FIELD TEAM, INC.

MEET DIRECTOR: Freddie Crawford / 704-231-2118 / freddiesea@aol.com

AGE DIVISION

8 Years & under,9 Years,10 Years,11 Years,12 Years,13 Years,14 Years,15-16 Years,17-18 Years

ENTRY FEE: An entry fee off \$25.00 per athlete for track & Field and a separate fee of \$25.00 per athletes for multi event competitors.

<http://www.coacho.com>**REGISTRATION;** www.coacho.com – Deadline to enter for Multi Competition and Track & Field Competition is June 19, 2022 11:59pm

AWARDS: Medals will be given to the top 3 place finishers in each event. First, Second, Third place team trophies will be award after the last race on Sunday

ADMISSION:Thursday\$5.00, \$10.00 per day starting Friday, 4-day pass \$30.00 (6 & under free)

DATES:

Thursday. June 23 Package Pickup multi events 12 noon to 3pm

Friday. June 24 Package Pickup Multi Event/Track & Field 8am to 4pm

Saturday. June 25 Package Pickup Track & Field 7:30 am to 4pm

Sunday. June 26 Package Pickup Track & Field 7:30 am to 12pm

PROOF OF AGE: Proof of age may be required at District, National Qualifier and National Championship events and must be provided whenever required and or challenged. These are the acceptable forms of verification; original birth certificates, notarized original birth certificate, US military Government ID card, valid passport (not expired) and a valid US driver's license.

ADVANCEMENT Top 8 in Running events, top 8 in Field events, Top 8 in Relays, top 8 in Multi events

LICENSE

This event is license by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins.

BE PREPARED! Adult and Non-Athlete membership are no longer instant and cannot be applied for at event.

Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.

**2022 AAU (AREA 25) REGIONAL QUALIFIER
MULTI-EVENTS/TRACK & FIELD MEET SCHEDULE**

THURSDAY, JUNE 23, 2022

TIME

EVENT/AGE GROUP

1:00 PM DECATHLON 15&16 (DAY 1) 100M, LJ, SP, HJ, 400M
TRIATHLON 9B, 10B (FINALS) HJ, SP, 400M

1:30 PM DECATHLON 17&18 (DAY 1) 100M, LJ, SP, HJ, 400M
TRIATHLON 9G,10G, (FINALS) HJ, SP, 200M

1:30 PM HEPTATHLON 15&16G (DAY 1) 100M H, HJ, SP, 200M
1:30 PM HEPTATHLON 17&18W (DAY 1) 100M H, HJ, SP, 200M

FRIDAY, JUNE 24, 2022

TIME

EVENT/AGE GROUP

9:00 AM DECATHLON 15&16B (DAY 2) 110M H, DT, PV, JAV, 1500M
HEPTATHLON 15&16 G (DAY 2) LJ, JAV, 800M

9:30 AM DECATHLON 17&18M (DAY 2) 110M H, DT, PV, JAV, 1500M
HEPTATHLON 17&18W (DAY 2) LJ, JAV, 800M

9:00 AM PENTATHLON 13G/14G (FINALS) 100M H, LJ, SP, HJ, 800M

9:15 AM PENTATHLON 11G/12G (FINALS) 80M H, HJ, SP, LJ, 800M

9:30 AM PENTATHLON 13B/14B (FINALS) 100M H, LJ, SP, HJ, 1500M

9:45 AM PENTATHLON 11B/12B (FINALS) 80M H, HJ, SP, LJ, 1500M

*** ALL EVENTS WILL BE CONTESTED APPROXIMATELY 30 MINUTES AFTER THE PRECEDING EVENT IS COMPLETED. THE 30 MINUTE REST PERIODS WILL INCLUDE REST, FOOD, MEASURING STEPS, AND WARM-UP.**

*** ATHLETES COMPETING IN BOTH MULT-EVENT COMPETITION AND TRACK & FIELD COMPETITION WILL BE ISSUED ONLY ONE RACE NUMBER FOR BOTH COMPETITIONS.**

Friday
EVENTAGE GROUP

1:00 PM	1500M RACE WALK	FINALS	
	(9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)		
	3000M RACE WALK		FINALS
	(13G, 13B, 14G, 14B, 15&16G, 15&16B, 17&18W, 17&18M)		
2:00 PM	STEEPLECHASE	<u>Moved to J.Os</u> 15&16B/G, 17&18B/G	FINALS
2:00 PM	4 X 800M RELAY	FINALS	
	(11&12G, 11&12B, 13&14G, 13&14B, 15&16G, 15&16B, 17&18W, 17&18M)		
3:00PM	200M DASH	SEMI FINALS	
	(ALL DIVISIONS)		

FIELD EVENTS

3:00PM	TURBO JAVELIN		
	8&underG,9G, 10G, 11B, 12G; 8 & underB,9B,10B, 11B,12B		
	DISCUS		
	15&16G/15-16/17&18W/17&18M		

SATURDAY, JUNE 25, 2022

Any Semi-Finals running event with 8 or less participants will be ran as a FINALS.

<u>TIME</u>	<u>EVENT/AGE GROUP</u>		
9:00 AM	3000M RUN		FINALS
	200M HURDLES		FINALS
	(13G, 13B, 14G, 14B)		
	400M HURDLES		FINALS
	(15&16G, 17&18W, 15&16B, 17&18M)		
	100M DASH		SEMI FINALS
	(ALL DIVISIONS)		
	800M RUN		FINALS
	(ALL DIVISIONS)		
	80M HURDLES		SEMI FINALS
	(11B, 11B, 12B, 12B)		
	100M HURDLES		SEMI FINALS
	(13G, 14G, 13B, 14B, 15&16G, 17&18W)		
	110M HURDLES		SEMI FINALS
	15&16B, 17&18M)		
	400M DASH		FINALS
	(ALL DIVISIONS)		
	4 X 100M RELAY		FINALS
	All Divisions		

FIELD EVENTS

9:00 AM HIGH JUMP 9G/10G, 9B/10B, 11G/12G, 11B/12B 13G/14G 13B/14B
LONG JUMP All age divisions starting with 8&under
SHOT PUT All age divisions starting with 8&under
JAVELIN 13G/14G, 13B/14B, 15&16G/17&18W,15&16B/17&18M
POLE VAULT 13G/14G, 13B/14B, 15&16G/17&18W,15&16B/17&18M

SUNDAY, JUNE 26, 2022

TIME

EVENT/AGE GROUP

9:00 AM

1500M RUN FINALS
(ALL DIVISIONS)

200M DASH FINALS
(ALL DIVISIONS)

80M HURDLES FINALS
(11G, 11B, M12, 12B)

100M HURDLES FINALS
(13G, 14G, 13B, 14B, 15&16G, 17&18W)

110M HURDLES FINALS
(15&16B, 17&18M)

100M DASH FINALS
(ALL DIVISIONS)

4 X 400M RELAY FINALS
(All Divisions)

FIELD EVENTS

TIME

9:00 AM

EVENT	AGE
HIGH JUMP	15&16G/17&18W,15&16B/17&18M
TRIPLE JUMP	13G/14G13B/14B,15&16G/17&18W,15&16B/17&18M
DISCUS	11G/12G,11B/12B,13G/14G,13B/14B,

For further meet information please contact Freddie Crawford: 704-231-2118 freddiesea@aol.com